

DEPOSIT-HANCOCK CENTRAL SCHOOL DISTRICTS

Eagles Athletics Reset

Athletics Reopening Protocols and Procedures | Winter Sports

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All information on the following pages is subject to change pending future COVID-19 pandemic guidance from the Centers for Disease Control, the New York State Department of Health, the New York State Public High School Athletic Association, Section IV Athletics, and the Midstate Athletic Conference.





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PROTOCOLS AND IMPLEMENTATION PROCEDURES

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DEPOSIT-HANCOCK EAGLES ATHLETICS RESTORATION

Deposit-Hancock's Strategic Approach to
Safely Reopening Athletics During the
COVID-19 Public Health Crisis

NYSDOH Risk Definitions

All information on the following pages is subject to change pending future COVID-19 pandemic guidance from the Centers for Disease Control, the New York State Department of Health, the New York State Public High School Athletic Association, Section IV Athletics, and the Midstate Athletic Conference.





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NYSDOH GUIDANCE: RISK DEFINITIONS

Low, Moderate, High

In accordance with New York State Department of Health guidance (Interim COVID-19 Guidance for Sports and Recreation), the ability to participate in sports and recreation activities is determined by a combination of the risk for COVID-19 transmission (1) inherent in the sport or recreation activity itself and (2) associated with the “type of play” (e.g. individual practice vs. game). Sports and recreational activities are categorized by NYSDOH as “low” risk, “moderate” risk, and “high” risk.

Low Risk (NYSDOH)

Bowling, Cross Country, Golf, Tennis, Track and Field

Low-risk sports and recreation activities are characterized by:

- Greatest ability to maintain physical distance and/or be performed individually;
- Greatest ability to (1) avoid touching of shared equipment, (2) clean and disinfect any equipment between uses by different individuals, or (3) not use shared equipment at all.

Moderate Risk (NYSDOH)

Baseball, Field Hockey, Softball

Moderate-risk sports and recreation activities are characterized by:

- Limited ability to maintain physical distance and/or be done individually;
- Limited ability to (1) avoid touching of shared equipment, (2) clean and disinfect equipment between uses by different individuals, or (3) not use shared equipment at all.

High Risk (NYSDOH)

Basketball, Football, Volleyball, Wrestling

High-risk sports and recreation activities are characterized by:

- Least ability to maintain physical distance and/or be done individually;
- Least ability to (1) avoid touching of shared equipment, (2) clean and disinfect equipment between uses by different individuals, or (3) not use shared equipment at all.

Note: Risk definitions are subject to change pending future COVID-19 pandemic guidance from the Centers for Disease Control, the New York State Department of Health, the New York State Public High School Athletic Association, Section IV Athletics, and the Midstate Athletic Conference.

DEPOSIT-HANCOCK EAGLES ATHLETICS RESTORATION

Deposit-Hancock's Strategic Approach to
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Appendix

All information on the following pages is subject to change pending future COVID-19 pandemic guidance from the Centers for Disease Control, the New York State Department of Health, the New York State Public High School Athletic Association, Section IV Athletics, and the Midstate Athletic Conference.





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BASKETBALL PROTOCOLS

General Considerations

The NYSDOH has determined that Basketball is a high-risk sport (least ability to maintain physical distance and/or be performed individually; least ability to (1) avoid touching of shared equipment, (2) clean and disinfect any equipment between uses by different individuals, or (3) not use shared equipment at all).

Considerations for Coaches

- Communicate your guidelines in a clear manner to students and parents.
- Consider conducting workouts in “cohorts” of same students, always training and rotating together in practice to ensure more limited exposure if someone develops an infection.
- Keep accurate records of those athletes and staff who attend each activity in case contact tracing is required.
- Social distancing at all times is recommended.
- Wear a face covering at all times.

Coaches will:

- Help other coaches identify student-athletes who should not be at the facility (must leave immediately).
- Communicate directly with the athletic director before starting activities for the day to assure that all procedures have been completed with student-athletes and coaches.
- Keep their athletes in groupings at all times, with social distancing enforced.
- Wear a face covering at all times.
- Immediately stop any activity for the day if guidelines are not being followed.
- Clean and disinfect frequently touched surfaces and equipment, including basketballs.

Considerations for Student-Athletes

- Consider making each student responsible for their own athletic supplies.
- Students should wear their own appropriate clothes (do not share clothing), and individual clothing/towels should be washed and cleaned after every activity immediately upon returning home.
- Bring your own water bottle.
- Once the activity is concluded, all borrowed materials must be collected and disinfected.

Student-Athletes will:

- Refrain from hugging, hand-shaking, fist-bumping, etc. (i.e. no contact).
- Wear a face covering at all times.



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Considerations for Parents/Guardians

- Provide personal items for your child and clearly label them.
- Pick up their child immediately if they are contacted regarding any indications that their child might have symptoms of COVID-19.
- Get medical clearance for their child to participate in activities, if directed by the district.
- Spectators are permitted, but they must wear a face covering at all times.

Parents/Guardians will:

- Check in with assigned staff upon entry.
- Wear a face covering at all times.
- Practice social distancing when possible (recommended).
- Frequently wash hands/use hand sanitizer (recommended).

Facility Cleaning

- All areas and equipment used by participants must be disinfected.



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BASKETBALL IMPLEMENTATION PROCEDURES

Arrival Procedures

- Players and officials will enter the building utilizing one designated point of entry (Locker Room Entrance). Face coverings and proper social distancing are required upon arrival.
- Officials may use the coach's office one at a time if necessary.
- All students arriving on buses or self-transporting will enter the building utilizing one designated point of entry (Locker Room Entrance).
- All bused students must wear a face covering while disembarking the buses and entering the building.
- Athletes will be verbally dismissed from the buses by the driver, one row at a time, to maintain proper social distancing (front-back).
- All game management personnel will enter the facility utilizing the front entrance and check in with assigned staff upon entry.
- Spectators from home and away teams will need to enter the gymnasium through the front entrance.
- Daily attendance will be emailed to coaches notifying which students were absent.

Activity Procedures

- Social distancing is recommended for spectators.
- Spectators will check in with assigned staff upon entry.
- Refrain from hugging, hand-shaking, fist-bumping, etc. (i.e. no contact).
- Everyone in attendance – participants, coaches, game personnel, officials, spectators, trainers, etc. – will wear a face covering at all times.
- A limited number of items may be available for purchase at the concession stand.

Departure Procedures

- Players and officials will exit the building utilizing one designated point of entry (Locker Room Entrance). Face coverings and proper social distancing are required upon exit.
- All students leaving on buses or self-transporting will exit the building utilizing one designated point of entry (Locker Room Entrance).
- All bused students must wear a face covering while boarding the bus. Dismissal will be staggered to maintain proper social distancing (front-back).
- All game management personnel will exit the facility utilizing the front entrance.
- Spectators from home and away teams will need to exit the gymnasium through the front entrance.



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Cleaning Procedures

- Rigorously clean and disinfect any shared equipment (e.g. warm-up equipment, stopwatches) between use.
- Disinfect shared chairs and tables (scorer's table and bench chairs) between use.
- Remind players and coaches to clean and disinfect equipment before and after use.
- Everyone in attendance – participants, coaches, game personnel, officials, spectators, trainers, etc. – is encouraged to wash hands for minimum 20 seconds or use hand sanitizer upon arrival and departure. Hand sanitizer will be available at the venue, if needed.
- Locker rooms will be off limits unless requested by the traveling school.



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BOWLING PROTOCOLS

General Considerations

The NYSDOH has determined that Bowling is a **low-risk sport** (greatest ability to maintain physical distance and/or be performed individually; greatest ability to (1) avoid touching of shared equipment, (2) clean and disinfect any equipment between uses by different individuals, or (3) not use shared equipment at all).

Considerations for Coaches

- Communicate your guidelines in a clear manner to students and parents.
- Consider conducting workouts in “cohorts” of same students, always training and rotating together in practice to ensure more limited exposure if someone develops an infection.
- Keep accurate records of those athletes and staff who attend each practice in case contact tracing is required.
- Social distancing is required at all times.
- Wear a face covering at all times.

Coaches will:

- Help other coaches identify student-athletes who should not be at facility (must leave immediately).
- Communicate directly with the athletic director before starting activities for the day to assure that all procedures have been completed with student-athletes and coaches.
- Keep their athletes in groupings, with social distancing enforced.
- Immediately stop any activity for the day if guidelines are not being followed.
- Clean and disinfect frequently touched surfaces and equipment, including balls.
- Wear a face covering at all times.

Considerations for Student-Athletes

- Consider making each student responsible for their own supplies.
- Students should wear their own appropriate clothing (do not share clothing), and individual clothing/towels should be washed and cleaned after every activity immediately upon returning home.
- Each player should bring their own bowling ball or use the same school-issued bowling ball during practice. Skill training, conditioning, agility, etc., can be done with the one player/one bowling ball concept. Bowling balls should be sanitized before and after each practice/game.
- A participant who does not have their own bowling ball will be issued a bowling ball that only that participant can use for the duration of the activity.
- Once the activity is concluded, all borrowed materials will be collected and disinfected.



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Student-Athletes will:

- Refrain from hugging, hand-shaking, fist-bumping, etc. (i.e. no contact).
- Wear a face covering at all times.

Considerations for Parents/Guardians

- Provide personal items for your child and clearly label them.
- Pick up their child immediately if they are contacted regarding any indications that their child might have symptoms of COVID-19.
- Get medical clearance for their child to participate in activities, if directed by the district.

Parents/Guardians will:

- Check in with assigned staff upon entry.
- Wear a face covering at all times.
- Practice social distancing when possible (recommended).
- Frequently wash hands/use hand sanitizer (recommended).

Facility Cleaning

- All areas and equipment used by participants must be disinfected.



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BOWLING IMPLEMENTATION PROCEDURES

Arrival Procedures

- All walkers and those who self-transport will enter the facility utilizing one designated point of entry. Face coverings and proper social distancing are required upon arrival
- All students arriving on buses will enter the facility utilizing one designated point of entry.
- All bused students must wear a face covering while disembarking the buses.
- Athletes will be verbally dismissed from the buses by the driver, one row at a time, to maintain proper social distancing (front-back).
- All game management personnel will enter the facility utilizing one designated point of entry.
- Spectators from home and away teams will need to enter the facility utilizing one designated point of entry
- Daily attendance will be emailed to coaches notifying which students were absent.

Activity Procedures

- Social distancing is recommended for spectators.
- Spectators should not congregate in one area.
- Spectators will check in with assigned staff upon entry.
- Refrain from hugging, hand-shaking, fist-bumping, etc. (i.e. no contact).
- Everyone is attendance – participants, coaches, game personnel, spectators, etc. – will wear a face covering at all times.
- The availability of concessions will be determined by the facility.

Departure Procedures

- Players will exit the building utilizing the front entrance. Face coverings and proper social distancing are required upon exit.
- All students leaving on buses or self-transporting will exit the building utilizing one designated point of entry.
- All bused students must wear a face covering while boarding the bus. Dismissal will be staggered to maintain proper social distancing (front-back).
- All game management personnel will exit the facility utilizing the front entrance.
- Spectators from home and away teams will need to exit the facility through the front entrance.



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Cleaning Procedures

- Rigorously clean and disinfect any shared equipment (e.g. warm-up equipment, scoring tools, etc.) between use.
- Disinfect shared chairs and tables between use.
- Remind players and coaches to clean and disinfect equipment before and after use.
- Everyone in attendance – participants, coaches, game personnel, spectators, etc. – is encouraged to wash hands for minimum 20 seconds or use hand sanitizer upon arrival and departure. Hand sanitizer will be available at the venue, if needed.



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VOLLEYBALL PROTOCOLS

General Considerations

The NYSDOH has determined that Volleyball is a **high-risk sport** (least ability to maintain physical distance and/or be performed individually; least ability to (1) avoid touching of shared equipment, (2) clean and disinfect any equipment between uses by different individuals, or (3) not use shared equipment at all).

Considerations for Coaches

- Communicate your guidelines in a clear manner to students and parents.
- Consider conducting workouts in “cohorts” of same students, always training and rotating together in practice to ensure more limited exposure if someone develops an infection.
- Keep accurate records of those athletes and staff who attend each activity in case contact tracing is needed.
- Social distancing is required at all times.
- Wear a face covering at all times.

Coaches will:

- Help other coaches identify student-athletes who should not be at the facility (must leave immediately).
- Communicate directly with the athletic director before starting activities for the day to assure that all procedures have been completed with student-athletes and coaches.
- Keep their athletes in groupings, with social distancing enforced.
- Immediately stop any activity for the day if guidelines are not being followed.
- Clean and disinfect frequently touched surfaces and equipment, including volleyballs.
- Wear a face covering at all times.

Considerations for Student-Athletes

- Consider making each student responsible for their own supplies.
- Students should wear their own appropriate clothing (do not share clothing), and individual clothing/towels should be washed and cleaned after every activity immediately upon returning home.
- Bring your own water bottle.
- Once the activity is concluded, all borrowed materials will be collected and disinfected.

Student-Athletes will:

- Refrain from hugging, hand-shaking, fist-bumping, etc. (i.e. no contact).
- Wear a face covering at all times.



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Considerations for Parents/Guardians

- Provide personal items for your child and clearly label them.
- Pick up their child immediately if contacted regarding possibility that child has COVID-19 symptoms.
- Get medical clearance for their child to participate in activities, if directed by the district.
- Spectators are permitted, but they must wear a face covering at all times.

Parents/Guardians will:

- Check in with assigned staff upon entry.
- Wear a face covering at all times.
- Practice social distancing when possible (recommended).
- Frequently wash hands/use hand sanitizer (recommended).

Facility Cleaning

- All areas and equipment used by participants must be disinfected.



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VOLLEYBALL IMPLEMENTATION PROCEDURES

Arrival Procedures

- Players and officials will enter the building utilizing one designated point of entry (Locker Room Entrance). Face coverings and proper social distancing are required upon arrival.
- Officials may use the coach's office one at a time if necessary.
- All students arriving on buses or self-transporting will enter the building utilizing one designated point of entry (Locker Room Entrance).
- All bused students must wear a face covering while disembarking the buses and entering the building.
- Athletes will be verbally dismissed from the buses by the driver, one row at a time, to maintain proper social distancing (front-back).
- All game management personnel will enter the facility utilizing the front entrance and check in with assigned staff upon entry
- Spectators from home and away teams will enter the gymnasium through the front entrance.
- Daily attendance will be emailed to coaches notifying which students were absent.

Activity Procedures

- Social distancing is recommended for spectators.
- Spectators should not congregate in one area.
- Spectators will check in with assigned staff upon entry.
- Refrain from hugging, hand-shaking, fist-bumping, etc. (i.e. no contact).
- Everyone in attendance – participants, coaches, game personnel, officials, spectators, trainers, etc. – will wear a face covering at all times.
- A limited number of items may be available for purchase at the concession stand.

Departure Procedures

- Players and officials will exit the building utilizing one designated point of entry (Locker Room Entrance). Face coverings and proper social distancing are required upon exit.
- All students leaving on buses or self-transporting will exit the building utilizing one designated point of entry (Locker Room Entrance).
- All bused students must wear a face covering while boarding the bus. Dismissal will be staggered to maintain proper social distancing (front-back).
- All game management personnel will exit the facility utilizing the front entrance.
- Spectators from home and away teams will need to exit the gymnasium through the front entrance.



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Cleaning Procedures

- Consider spraying volleyballs with disinfectants (i.e. Lysol or Clorox) during any stoppage of play.
- Use of clean volleyballs on a regular basis is encouraged.
- Rigorously clean and disinfect any shared equipment (e.g. warm-up equipment, stopwatches) between use.
- Disinfect shared chairs and tables (scorer's table and bench chairs) between use.
- Remind players and coaches to clean and disinfect equipment before and after use.
- Everyone in attendance – participants, coaches, game personnel, officials, spectators, trainers, etc. – is encouraged to wash hands for minimum 20 seconds or use hand sanitizer upon arrival and departure. Hand sanitizer will be available at the venue, if needed.
- Locker rooms will be off limits unless requested by the traveling school.



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WRESTLING PROTOCOLS

General Considerations

The NYSDOH has determined that Wrestling is a **high-risk sport** (least ability to maintain physical distance and/or be performed individually; least ability to (1) avoid touching of shared equipment, (2) clean and disinfect any equipment between uses by different individuals, or (3) not use shared equipment at all).

Considerations for Coaches

- Communicate your guidelines in a clear manner to students and parents.
- Consider conducting workouts in “cohorts” of same students, always training and rotating together in practice to ensure more limited exposure if someone develops an infection.
- Keep accurate records of those athletes and staff who attend each activity in case contact tracing is required.
- Social distancing is required at all times.
- Wear a face covering at all times.

Coaches will:

- Help other coaches identify student-athletes who should not be at the facility (must leave immediately).
- Communicate directly with the athletic director before starting activities for the day to assure that all procedures have been completed with student-athletes and coaches.
- Keep their athletes in groupings at all times, with social distancing enforced.
- Immediately stop any activity for the day if guidelines are not being followed.
- Clean and disinfect frequently touched surfaces and equipment.
- Wear a face covering at all times.

Considerations for Student-Athletes

- Consider making each student responsible for their own supplies.
- Students should wear their own appropriate clothes (do not share clothing), and individual clothing/towels should be washed and cleaned after every activity immediately upon returning home.
- Bring your own water bottle.
- Once the activity is concluded, all borrowed materials must be collected and disinfected.

Student-Athletes will:

- Refrain from hugging, hand-shaking, fist-bumping, etc. (i.e. no contact).
- Wear a face covering at all times.



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Considerations for Parents/Guardians

- Provide personal items for your child and clearly label them.
- Pick up their child immediately if contacted regarding possibility that child has COVID-19 symptoms.
- Get medical clearance for their child to participate in activities, if directed by the district.
- Spectators are permitted, but they must wear a face covering at all times.

Parents/Guardians will:

- Check in with assigned staff upon entry.
- Wear a face covering at all times.
- Practice social distancing when possible (recommended).
- Frequently wash hands/use hand sanitizer (recommended).

Facility Cleaning

- All areas and equipment used by participants must be disinfected.



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WRESTLING IMPLEMENTATION PROCEDURES

Arrival Procedures

- Players and officials will enter the building utilizing one designated point of entry (Locker Room Entrance). Face coverings and proper social distancing are required upon arrival.
- Officials may use the coach's office one at a time if necessary.
- All students arriving on buses or self-transporting will enter the building utilizing one designated point of entry (Locker Room Entrance).
- All bused students must wear a face covering while disembarking the buses and entering the building.
- Athletes will be verbally dismissed from the buses by the driver, one row at a time, to maintain proper social distancing (front-back).
- All game management personnel will enter the facility utilizing the front entrance and check in with assigned staff upon entry.
- Spectators from home and away teams will need to enter the gymnasium through the front entrance.
- Daily attendance will be emailed to coaches notifying which students were absent.

Activity Procedures

- Weigh-ins must be conducted with face coverings and social distancing guidelines.
- Social distancing is recommended for spectators.
- Athletes must wash hands or sanitize before and after every match. (Only contact should be the opponent of the opposing school).
- Mats must be cleaned after every match (utilize two mats for time purposes, when possible).
- Spectators should not congregate in one area.
- Spectators will check in with assigned staff upon entry.
- Refrain from hugging, hand-shaking, fist-bumping, etc. (i.e. no contact).
- Everyone in attendance – participants, coaches, game personnel, officials, spectators, trainers, etc. – will wear a face covering at all times.
- A limited number of items may be available for purchase at the concession stand.

Departure Procedures

- Players and officials will exit the building utilizing one designated point of entry (Locker Room Entrance). Face coverings and proper social distancing are required upon exit.
- All students leaving on buses or self-transporting will exit the building utilizing one designated point of entry (Locker Room Entrance).
- All bused students must wear a face covering while boarding the bus. Dismissal will be staggered to maintain proper social distancing (front-back).
- All game management personnel will exit the facility utilizing the front entrance.
- Spectators from home and away teams will need to exit the gymnasium through the front entrance.



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Cleaning Procedures

- Consider spraying head gear and mats with disinfectants (i.e. Lysol or Clorox) before and after each match.
- Rigorously clean and disinfect any shared equipment (e.g. warm-up equipment, stopwatches) between use.
- Disinfect shared chairs and tables (scorer's table and bench chairs) between use.
- Remind players and coaches to clean and disinfect equipment before and after use.
- Everyone in attendance – participants, coaches, game personnel, officials, spectators, trainers, etc. – is encouraged to wash hands for minimum 20 seconds or use hand sanitizer upon arrival and departure. Hand sanitizer will be available at the venue, if needed.
- Locker rooms will be off limits unless requested by the traveling school.